



IUD INSERTION REFERRAL FORM

Women's Health Clinic
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PLEASE COMPLETE IN FULL & PRINT CLEARLY/ INCOMPLETE REFERRALS WILL BE RETURNED

Referring Health Care Provider [ ] GP [ ] NP [ ] MW [ ] Other
Name Billing # Address Street
Phone# Fax #
City Province Postal Code

Patient
Full Legal Name Last First Middle Care Card #
Date of Birth Month Day Year Address Street City
Email (MANDATORY) Phone#
Province Postal Code

Reason for Referral
Reason for IUD: [ ] Contraception [ ] Menorrhagia [ ] Dysmenorrhea IUD Rx Provided: [ ] Yes
Type of IUD prescribed: [ ] Copper [ ] Kyleena [ ] Mirena
IUD (includes PAP test if applicable and STI testing):
[ ] Insertion [ ] Replacement [ ] Removal
[ ] Follow up [ ] \*Emergency IUD Insertion
(effective up to 7 days from unprotected intercourse)
\*Please call our office in order to avoid any delays.
Nexplanon Subdermal Implant: Rx Provided: [ ] Yes
[ ] Insertion [ ] \*Replacement
[ ] \*Removal
\*In which country was this placed? \_\_\_\_\_

As of 1 April 2023, contraceptive devices are free for all B.C. residents

To avoid delays in patient care, we offer the following recommendations for selecting a device for your patient.

KYLEENA LNG IUS (5 year device)

Lowest dose of Levonorgestrel (20 mg or 17.5 ug / day)

Effects on menses: regular or irregular light flow or spotting. Few women become amenorrhoeic.

Rx: Nulliparous, CXN, NVD

MIRENA LNG IUS (5 year device < 25 years old, 5 years for Endometrial protection, 7 year device > 25 years old)

Higher dose of Levonorgestrel (52 mg or 20 ug/ day)

Rx for menorrhagia, dysmenorrhea or patient desires amenorrhea

Effects on menses: 80 % amenorrhea, 20 % regular / irregular light flow or spotting

Multiparous, SVD or CXN. (Nulliparous placement can be difficult)

COPPER IUDs

Patient wants to avoid hormones or prefer regular menses and does not have pre-existing dysmenorrhea or menorrhagia with associated Iron deficiency.

(Effects on menses: can increase amount of menstrual flow. increase menstrual cramping and duration of menses.) Nulliparous or delivery by CXN: Mona Lisa 5 mini / Liberte UT 380 short.

Multiparous or SVD: Mona Lisa 5 Std / Liberte UT 380 Std.

Please note: We only insert certain brands of Copper IUDs including: Mona Lisa 5 Mini, Mona Lisa 5 Std, Liberte UT380 Short or Liberte UT 380 Std.

We DO NOT insert Flexi T, Mona Lisa N, Mona Lisa 10, Liberte TT380 Short or Liberte TT380 Std.

Patient Medical History

Current contraception: [ ] None [ ] Barrier [ ] Pill/patch/ring
[ ] DMPA [ ] Mirena [ ] Kyleena [ ] Jaydess [ ] CU IUD [ ] Implant
Height: Weight: (BMI > 45 refer BCWH Complex Contraception)
G [ ] P [ ] L [ ] TA [ ] SA [ ] SVD [ ] CXN [ ]
Post partum patient: Date of delivery [ ] SVD [ ] CXN
[ ] Attach relevant Pelvic imaging and Pap testing

[ ] History of breast cancer [ ] Hypertension
[ ] Active malignancy [ ] Migraine with aura
[ ] Seizure disorder on anticonvulsants [ ] Fibroids
[ ] Known anatomic abnormality [ ] History of thromboembolic event

Special Considerations:

Does this patient have transfer requirements?

[ ] No [ ] Self [ ] Board [ ] Requires lift

Referring Practitioner Signature:
Date of Referral: